# ROCKVILLE SWIM AND FITNESS CENTER

# 2011 Recreational Swim Schedule Summer (June 16 – August 28)

### INDOOR POOLS

NORTH (25 Meters)

Monday - Friday

6:00 a.m. – 8:20 a.m.

5:00 p.m. – 7:30 p.m.

SOUTH (25 Yards)

Monday - Friday

11:00 a.m. – 2:00 p.m.

**Saturday** 

7:00 a.m. – 9:00 a.m.

12:00 noon – 8:00 p.m.

Saturday and Sunday

Closed

**Sunday** 

12:00 noon - 8:00 p.m

(ramp area closed until 12:45 pm)

The indoor facilities are reserved for Adults and Children (6 & Under) accompanied by an adult

#### **OUTDOOR POOLS**

FITNESS (50 Meters) Monday – Friday

8:00 a.m. – 9:00 p.m.

**RECREATION** 

**Everyday** 

12:00 noon – 9:00 p.m.

(8:00 a.m. - 12:00 noon - 3 lanes lap swimming only)

(4:00 p.m. – 6:00 p.m. – 3 lanes lap swimming only)

**Saturday and Sunday** 

12:00 noon – 9:00 p.m.

Outdoor pool users must enter and exit using the outdoor entrance.

During the summer season, the outdoor entrance will close at 9:00 p.m.

### **Fitness Room Hours**

Weekdays: 6:00 a.m. to 9:00 p.m. Saturdays: 7:00 a.m. to 9:00 p.m. Sundays: 12:00 noon to 9:00 p.m.

**Rockville Swim and Fitness Center** 

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